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## COUPLES INTAKE FORM

Thank you for taking the time to complete this form. The information and history you provide to me will be helpful in planning services for you. Please answer each question carefully and ask about any question you don't understand. The information on this form is confidential and will not be released without your permission.

Today's Date: $\qquad$
How did you hear about me? Circle one:
$\begin{array}{lllll}\text { Family member } & \text { Friend } & \text { Internet } & \text { Insurance } & \text { Child Advocacy Center } \\ \text { Other therapist } & \text { Doctor } & \text { Attorney } & \text { Brochure } & \text { Department of Human Services }\end{array}$ Other: $\qquad$

## Indentifying Information

Name: $\qquad$ Date of Birth: $\qquad$ Age: $\qquad$
Sex: M or F Race: $\qquad$ Religion: $\qquad$
Address: $\qquad$
City: $\qquad$ State: $\qquad$ Zip Code: $\qquad$
Home Phone Number: $\qquad$
Cell Phone Number: $\qquad$ Okay to leave a message? Y or N

Work Phone Number: $\qquad$ Okay to leave a message? Y or N

Occupation: $\qquad$ Place of Employment: $\qquad$
Relationship Status: $\qquad$

## Family Composition

| Name | Age | Date of Birth | Relationship | How well do they get along <br> with other family members? |
| :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

## Medical History

Primary care provider: $\qquad$
Medications you are currently taking: $\qquad$

Have you previously attended therapy? Y or N
Who did you see?
Reason you were seen in therapy:
Type of therapy you received:
Was the therapy helpful? Circle one: Helpful Somewhat helpful Not helpful
Have you experienced any of the following? Please circle and describe.
-chronic illness: $\qquad$
-surgeries:
-hospitalizations: $\qquad$
-high fevers:
-head injuries: $\qquad$
-seizures:
-eating problems:
-sleeping problems:
-problems with coordination: $\qquad$
-other: $\qquad$

## Current Stressors

Please circle any of the stressors you have experienced over the last 12 months:

| Death of a parent | Divorce | Death of a spouse |
| :--- | :--- | :--- |
| Remarriage | Death of a family member | Death of a child |
| Personal injury or illness | Job loss | Sexual abuse (self) |
| Sexual abuse (family member) | Change in family member's health | Birth of a child |
| Alcohol/drug addiction in family | Change in financial status | Vacation |
| Change in living condition | Change in residence | Change of job |

Other: $\qquad$
Change of job
$\qquad$

Please describe why you are seeking therapy at this time: $\qquad$
$\qquad$
$\qquad$

How long have you been experiencing these problems? $\qquad$
$\qquad$
$\qquad$
What have you tried to help yourself so far? $\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

If yes, when did this occur? $\qquad$
Now I would like to ask you about some other issues some people may have experienced in their past and current relationships. Please answer these questions as honestly as you can.

Do you feel safe in your current relationship?
Yes
No Sometimes
Do your arguments escalate out of control? Never Rarely Occasionally Very Often

## Please place a check $(\sqrt{ })$ next to any of the following statements that apply to you:

My partner ...
$\qquad$ tries to control who I spend my time with
___ does not believe me when I say where I've been
__ pressures me to have sex when I don't want to
$\qquad$ talks me into doing things that make me feel bad __ prevents me from leaving the house when I want ___ threatens me physically during arguments
$\qquad$ has pushed, slapped, hit, punched, or hurt me
$\qquad$ is suspicious that I am unfaithful
$\qquad$ keeps me from doing things I want to do ___ verbally attacks my personality
$\qquad$ ridicules me
$\qquad$ threatens to hurt someone I care about ___ damages things in our home
___ humiliates me in front of others

Please use the following space if you'd like to add more detail: $\qquad$
$\qquad$
$\qquad$
$\qquad$

Is there any other information that would be important for me to know? $\qquad$
$\qquad$
$\qquad$

Signature of Client: $\qquad$ Date: $\qquad$
Signature of Therapist: $\qquad$ Date: $\qquad$

